

MAINLAND HIGH SCHOOL
LADY BUCS DANCE AND DRILL TEAM
2010-2011 CONSTITUTION
Dance Team Director: Ms. Shelly Mahaffey

I. PURPOSE

Lady Buc Dance and Drill Team Members are an auditioned group of dancers that make a full year commitment to the organization. As a team member they must be aware that they are first and foremost representatives of Mainland High School and therefore **must** adhere to the following requirements:

- A. Perform with the Mainland High School Marching Band
- B. Support the spirit of Mainland
- C. Support all athletic teams by attendance and/or performances
- D. Represent Mainland High School out in the community through performances and dance showcases.
- E. Perform in competitions at the local, state, regional, and national level.
- F. Have good fellowship with members of the corps.
- G. Develop a sense of responsibility, self-discipline, and dedication to oneself and the school.

II. TRYOUTS

- A. All candidates will tryout using the same material and point system and will be judged by the same panel of judges.
- B. Tryouts are mandatory in order to become a Lady Buc Dance and Drill Team Member.
- C. False information provided during tryouts may result in dismissal from the team if selected.
- D. Selection takes place during the spring semester.
- E. Any former member that was dismissed or quit the dance team during the previous year may not audition.
- F. Requirements
 1. Maintain at least a 2.0 Cumulative Grade Point Average.
 2. Have no 2's or 3's in Conduct.
 3. Outstanding personality and positive attitude as reflected through teacher recommendations.
 4. Have no serious referral problems, especially of the insubordinate nature (seriousness and number of referrals will affect the candidate's membership and validity.)
 5. Have no serious health problems that would prohibit the member from participating to her fullest potential (every Lady Buc must submit a physical form and proof of health insurance in order to participate.)
 6. Must be able to meet financial obligations on time. (***Any dancer with outstanding obligations to ANY activity or group at Mainland High School will not be eligible to audition.**)
 7. Agree to adopt a conditioning program as agreed upon between the member and director.
 8. Attend all scheduled practices, dance camps, performances, competitions, and fundraisers.
 9. Understand and agree that all Lady Buc functions take priority over any other extracurricular activities and/or part-time jobs.
 10. Be able to accept constructive criticism in an effort to reach her full potential.

III. CLASS AND REHEARSALS

- A. Grading
 1. Dance team is a full year course and any Lady Buc who is unable to fulfill their requirements will fail.
 2. Dancers are required to participate in the halftime show, competitions, performances and all other Lady Buc functions or their grade will be affected.

3. Any dancer unable to fit 7th period Eurhythmics into their schedule because of conflicts will be removed from the team.
4. Dancers will begin each nine weeks with 100 points (A). Points are deducted per the point system (see Mainland High School Lady Buc Point System). Points may also be deducted for failing to meet class requirements.

B. Class/Practice Procedures

1. Class begins five minutes from the tardy bell and Lady Bucs should be dressed and standing in Warm-Up Lines. Practice starts at the designated times. Lady Bucs should arrive to practice at least five minutes early to ensure that they are properly prepared.
2. Proper attire must be worn as instructed by the director.
3. Hair back and secured. (Hair must stay this way the entire rehearsal).
4. **NO JEWELRY.** (This includes earrings, bracelets, necklaces, rings, ankle bracelets, belly button rings, watches, etc.) **There is no time during the school year for the piercing of body parts.** Points are deducted for not removing jewelry. Band-aids are not a solution. (Officers may wear watches).
5. Appropriate behavior and attitude: be positive.
6. Follow directions and respect the rights of others.
7. Dancers are to follow the instructions of the director and the officers without questions or comments.
8. No talking in practice or class, listening position is always required.
9. Do not bring friends, boyfriends, family members to class or practice.
10. Attend all class and practice times. (Director should be notified in writing with a parent signature **before** a student misses a practice.)
11. Water must be brought to every practice. (Sports drinks and healthy snacks may be brought in addition to water.)
12. A sensible diet must be maintained. Lady Bucs must come to practice prepared to work and therefore should eat beforehand. No time will be allotted for skipped meals.
13. Weekly evaluations will take place to ensure that all Lady Bucs are prepared for upcoming performances. Corrections from these evaluations will be given to the dancers so they may improve for future evaluations.
14. Dancers may be named as an alternate for a performance if they are not fully prepared to execute the routine appropriately. Alternates are required to attend all practices with the team and dance FULL OUT the entire practice. They will also be required to stay late after one designated practice each week to work with the director and/or a Lady Buc Officer to help them improve for the next evaluation.
15. Weekly progress reports are to be turned in every Tuesday.
16. **Any and all items that are due** (Progress Reports, Forms, Money, etc.) **must be turned in at the beginning of class/practice when being called to attention.** All money may only be in the form of cash or money order, **NO PERSONAL CHECKS.** Money is required to be in an envelope with the Lady Buc's name, the date, the amount of money being turned in, and the purpose of the money (fundraiser, payment, etc.). Receipts for money turned in will be given back within 48 hours (or next school/practice day if money is turned in on a Friday or before a break).

C. Unexcused Practices/Performances

1. A calendar of practices and performances is given out throughout the year.
2. All dates on the calendar are **MANDATORY** and failure to attend will result in points being given.
3. In order for items in the following list to be excused, a notification in writing with a parent signature must be received within 48 hours of receiving the date. Once 48 hours have passed all Lady Bucs are expected to attend the functions that have been noted on the calendar and failure to do so will result in an Unexcused Absence.
 - a. Any Appointments (dentist, doctor, etc.)

- b. Family reunions, outings, vacations, etc.
 - c. Attending another function instead of practice (Lady Bucs comes first!)
 - d. Missing because of tests the next day.
 - e. Exam/Class work Make Ups. Dancers are not allowed to use practice time to make up work for absences that are NOT dance team related.
 - f. Work. (Lady Bucs may have a job, but must practice time management.)
 - g. Interviews of any kind.
 - h. Not attending because of injury or illness.
 - i. Parent Punishment – Lady Buc Parents must find an alternative method for punishing their dancer. Missing any required activity will result in points being given even if it is due to a consequence handed down for something done at home. The team is a 100% commitment.
- D. Dismissal from class or practice
- 1. Inappropriate behavior.
 - 2. Failure to follow instructions.
 - 3. Actions or manners that undermine the progress of class/practice.
 - 4. Repeated offenses after being warned.
 - 5. Negative attitudes that affect the team.

IV. Performance

- A. Procedures
- 1. Be on time! Five minutes before call time is considered on time.
 - 2. Dressed in full uniform when called to attention (This includes costume, tights, socks, shoes, hair done, makeup finished, etc.)
 - 3. Items required for the performance will be checked by the officers. Failure to have appropriate items will result in points being given.
 - 4. No fingernail polish or jewelry. Fingernails must look natural; no polish other than clear will be approved.
 - 5. **Make-up is MANDATORY!** The director will determine the color and brand. All Lady Bucs will be instructed on the application.
 - 6. Lady Bucs are required to attend all performances.
 - 7. Follow instructions.
 - 8. No talking in lines, in the stands, etc.
 - 9. No acknowledgement of anyone other than the director (No waving, etc.)
 - 10. Stay in formation and assigned areas.
 - 11. Maintain a professional attitude for the entire time at the performance.
 - 12. Permission required from the director before leaving a performance early.
 - 13. Dancers are required to travel to and from performances with the team.
 - 14. Dancers may not leave the team to sit with family/friends until dismissed by the director.
- B. Eligibility
- 1. Dancers will participate in a weekly evaluation and will be placed according to scores for performances.
 - 2. If any class days or rehearsal times are missed the week of a performance, or after the evaluation, the dancer is not eligible to perform.
 - 3. A progress report must be filled out weekly and turned in.
 - 4. Dancers must attend school the day of a performance or field trip.
 - 5. Dancers must have the routine memorized to stay in the formation during practice.
- C. Benchings: Benchings are given for infractions of the rules and result in a dancer becoming ineligible to perform in the next performance. The following examples will result in a benching:
- 1. Negative reactions or attitude toward the Director's or officer's instructions or comments.
 - 2. Miss a performance – benched for the following performance.

3. An F on a weekly progress report – benched for that week’s performance.
4. Receiving a referral the week of a performance – benched for a performance.
5. Inappropriate behavior during the previous performance.
6. Wearing the wrong outfit to the performance.
7. Missing school the day of a performance.

Ineligible dancers are still required to attend class, practice and performances even if benched for that performance. They must dance FULL OUT at practice and will be required to stay after one designated practice each week to work with the director and/or a Lady Buc Officer so they may maintain the performance level necessary for the next time they are eligible. Dancers that are benched will attend the performance they are missing in full uniform and show support for their team members. The director may choose not to remove a dancer from a performance with less than a week’s notification for the protection of the team. The dancer will be removed the following performance.

D. Probation

1. Any drastic change in appearance such as: unhealthy weight loss/gain, unnatural and extreme hair, sloppy or unhealthy hygiene.
2. G.P.A. drops below a 2.0 or receiving an F in any core class.
3. Receiving one discipline referral.
4. Earning 15 points in one grading period.
5. Unexcused absence from a competition or dance showcase.
6. Guidelines:
 - a. The Lady Buc on probation will not perform with the corps, but will be required to attend class, practice, and performances (will not dress in uniform for performances).
 - b. A probationary period will last no longer than one nine-week grading period.
 - c. At the end of the probationary period, the Lady Buc must show evidence of improvement either in grades or in conduct to be reinstated to the corps.

E. Dismissal

1. Not showing evidence of improvement in grades or behavior after one probationary period.
2. Receiving below a 2.0 for two consecutive grading periods.
3. Receiving a discipline referral considered to be at a level 3 or higher offense, according to public school code (fighting, possession of drugs or weapons).
4. Any Lady Buc under the influence of tobacco, drugs, or alcohol at any time in any place.
5. Accumulating 30 points or more – see attached point system.

V. Band Regulations

- A. All Lady Bucs are members of the Buccaneer Marching Band and as such will always be under the rules and regulations of the band.
 1. Lady Bucs are expected to conform to the rules of the band, on and off the field.
 2. Band Officers have the right to give points to the Lady Bucs just as Lady Buc officers can give band members points.
 3. Participation in any band fundraiser is encouraged and will be credited to the individual’s account.
- B. Attendance to Band Camp, Band Practice, Band Performances and Band Trips is required.

VI. Summer Requirements

- A. Summer Practice
 1. **Mandatory 2010-2011 Lady Buc Team and Parent Meeting, May 4th @ 6:30PM in the Mainland High School Dance Studio**
 2. Summer practice is scheduled May 4th, 11th, 13th, 18th, 25th, 27th, June 1st, and 3rd from 4:30-6:30PM and June 28th from 10:00AM – 3:00PM.
 3. Attendance to summer practice is **MANDATORY**.
 4. The following fundraisers are scheduled for this summer:

- a. Sponsors (Information will be provided May 4, 2010 at the Team/Parent Meeting)
- B. Dance Camp
 1. Lady Buc dancers must attend dance camp in order to remain on the team.
 2. Place: University of Central Florida, Orlando, FL
 3. Dates: June 29th – July 1st
 4. Cost: \$250.00 – Includes dorm room, meals, instruction, and much more!
 5. Spending money optional (for Camp Store items)
 6. No dancer will be allowed to drive to camp.
 7. Any dancer failing to comply with the Lady Buc Constitution will be sent home.
 8. A **non-refundable** deposit of \$100 is due May 11th at practice.
- C. Band Camp
 1. Band Camp will be held August 2nd – 5th from 9:00AM – 4:00PM and August 9th – 12th from 3:00PM – 8:00PM.
 2. Water jugs are mandatory during band camp and all after school practices with the band.

VII. Dancewear and Uniforms

- A. Practice Uniforms
 1. All team members must have the required shoes and clothing.
 2. Practice clothes must be replaced if lost or damaged.
 3. Uniforms will be worn when assigned.
 4. Items that are purchased through the Lady Bucs Dance and Drill Team must be paid in full by the final payment date as listed on the payment sheet.
 5. The Lady Buc warm up jacket is the only item allowed to be worn on top of uniforms.
 6. Jewelry may not be worn with uniforms inside or outside of practice.
 7. **No physical contact allowed in practice clothing. This includes hand holding, kissing, hugging, etc.**
- B. Performance Uniforms and Costumes
 1. Uniforms/Costumes will be purchased with fundraising money.
 2. Dancers are responsible for maintenance and the replacement cost if damaged.
 3. Uniforms are to be worn only with the team and only with the director's approval.
 4. Correct accessories must be worn with every uniform.
 5. Appropriate behavior is required while in uniform.
 6. No physical contact allowed while in uniform.
 7. Performance tights and shoes must be in good condition. (No runs, severe scuff marks, holes, etc.)

VIII. Financial Obligations

- A. Finances
 1. Lady Buc Dancers must adhere to the payment schedule for all monies that must be collected.
 2. Any financial problems that a dancer encounters that will hinder them from making a payment on time must be made known to the director ASAP. The day money is due is not the time to speak with the director about these problems. If the director is made aware of the situation in writing (i.e. email/letter signed by the parent) then an alternative payment plan may be arranged.
 3. Dancers are responsible for paying for their uniforms, shoes, and band trips taken. All other fees will be paid for through fundraising.
 4. NO REFUNDS will be given if a dancer is removed from or quits the team. If uniforms have been ordered prior to the dancer's absence they are still responsible for those payments and will receive the uniform upon its arrival.
 5. **If a dancer refuses to participate in a fundraiser they must pay the minimum amount that is required out of pocket.**

B. Fundraising

1. Fundraising money is used to purchase the majority of the items needed by the Lady Bucs. **PARTICIPATION IS MANDATORY**. Some competitions may require each dancer to pay for transportation, hotel, and/or competition entry fees if enough money is not raised.
2. Fundraisers will always have a minimum amount that must be raised. Anything that is collected over that amount is transferred into their individual accounts and may be used for purchasing uniforms, trip expenses, etc.
3. Any trip that is taken with the band must be paid by the individual Lady Buc. Their individual accounts may be used for these trips.
4. Scheduled Fundraisers:
 - a. Car Washes
 - b. T-shirt Sponsors
 - c. Lollipop Sales
 - d. Dance Show Program Advertisements
 - e. Dance Show Ticket Sales
 - f. Little Lady Buc Clinic
 - g. Tryout Clinic
5. Other fundraisers will be scheduled throughout the year in addition to the above list.

IX. Awards

- A. Recognition will be given to members who rendered services to the corps of an outstanding nature. Awards will be presented at the annual band banquet in May/June. Trophies will be awarded to the winner of the secret ballot done in class for the following:
 1. Most Improved Dancer
 2. 110% Award
 3. Best All Around Lady Buc
- B. A Director's Award will be given to the Lady Buc with the highest G.P.A. on the team.

X. Honor Code of Conduct

- A. All Lady Bucs agree to follow these rules of conduct:
 1. Respect your **parents** and **teachers**.
 2. Always speak respectfully about your teammates.
 3. Never dishonor your teammates by dishonoring yourself.
 4. Follow the rules of the Mainland High School and Volusia County handbook.
 5. Stay true to your morals and values that have been established by your parents.
 6. No smoking, drinking, or drugs in or out of uniform.
 7. Speak the truth.
- B. Lady Bucs that are in violation of the Honor Code may be reprimanded, given points, or removed from the team for their dishonorable actions.

The rules that are outlined in the Mainland High School Lady Buc Dance and Drill Team Constitution above are to be followed in the 2010-2011 school year. The director reserves the right to adapt or change the above rules as they see fit for the betterment of the team.

Ms. Shelly Mahaffey
Lady Buc Dance and Drill Team Director

MAINLAND HIGH SCHOOL
LADY BUC DANCE AND DRILL TEAM
2010-2011 CONSTITUTION AGREEMENT

Lady Buc's Name: _____

I/We the parent(s) of the above-named have read the Lady Buc Dance and Drill Team Constitution and understand all the requirements and consequences of improper actions. I/We understand the director has final say in my/our daughter's participation with the team. I/We also realize this is a team effort and that we may be called upon to help throughout the year. I/We will make every effort to do my/our share of assisting on the behalf of our daughter.

Signed _____

Date _____

As a member of the Lady Buc Dance and Drill Team for the school year of 2010-2011, I have fully read the Constitution and understand all that is expected of me to remain a member in good standing. I will keep myself knowledgeable and informed of all rules, and realize the consequences of poor behavior or inappropriate actions may be severe. I will do all I can to uphold the honor and tradition of the Lady Bucs Dance and Drill Team, and will respect my team members, my school, and all persons associated with school spirit at all times.

Signed _____

Date _____