

# UDA RESORT CAMP SAMPLE SCHEDULE 2012

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## DAY 1

9:00-11:00 Registration and Check in  
12:15 UDA Routine Sneak Peek  
(Coaches and Captains ONLY)  
1:00 UDA Camp Kick Off  
1:30 Warm Up/Stretch/UDA Line Dance  
2:00 Motion Technique/Sideline Class  
2:20 "A" Routine  
4:00 Drill Downs  
4:15 Home Routine Rehearsal  
4:45 Dinner Break  
6:30 Home Routine Evaluations  
7:30 Elective Classes  
8:15 Big Sis-Lil Sis/Team Building  
8:30 Announcements  
8:45 UDA Sneak Peak for Day 2/  
Leadership Meeting (coaches and  
captions only)

## DAY 2

7:00 Breakfast  
8:00 All American Meeting  
8:30 Warm Up/Stretch/UDA Line Dance  
9:00 "A" Routine Review  
9:45 "B" Routine  
11:20 Announcements  
11:30 Lunch Break  
1:30 Technique Warm Up  
1:45 Team Technique Class/Open Practice  
3:45 Drill Downs  
4:15 Dinner Break  
6:00 "C" Routine  
7:45 Show "C" Routines  
8:00 Cool Down  
8:15 Big Sis-Lil Sis/Teambuilding  
8:30 Announcements

## DAY 3

7:00 Breakfast  
8:00 All American Meeting  
8:30 Warm Up/Stretch/Sideline Review  
9:00 "A" Routine Review  
9:30 "B" Routine Review  
10:15 Drill Downs  
10:45 Mock Evaluations  
11:00 Big Sis-Lil Sis/Teambuilding  
11:30 Lunch Break  
1:00 All American Evaluations  
1:30 Announcements

## **AFTERNOON FREE FOR RESORT ACTIVITIES**

## DAY 4

7:00 Breakfast  
8:30 Warm Up/Stretch/UDA Line Dance  
9:00 Quick Review of "A" and "B" Routines  
9:30 "A" and "B" Routine Evaluations  
10:45 Break  
11:00 Final Drill Down  
11:30 Final Awards

All times are approximate. Times may vary based on University meal times, facilities, etc. Exact times will be given out during camp check in.